



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 6 Apr 2025 To: 5 Apr 2026

Charity name: Autism Bucks

Charity registration number: 1182603

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Autism Bucks exists: a. To act in support of autism in general and currently for the benefit of autistic adults, their carers and families, especially those who are resident in Buckinghamshire. b. To aim to inspire, inform and involve the community in relation to autism. c. To provide a valuable reference source of information relating to autism d. To promote awareness of autism by presentations, lectures, meetings and communications e. To provide a point of contact for its members for issues and questions relating to autism. f. To provide opportunities for members to meet for the purposes of peer and social interaction.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Autism Bucks will achieve the above through the following activities: a. The ownership and operation of a website designed to serve as an up-to-date hub of information relating to autism and activities within Buckinghamshire and neighbouring areas. b. The creation and maintenance of a membership list, to form the basis for communications on events relating to autism

		c. The presence of the charity on social media to further promote communications d. The organisation of meetings and events to allow networking opportunities for members e. The preparation and delivery of presentations to train and promote awareness of autism and the work of the charity f. Attendance at events for the purposes of promoting awareness of autism and the work of the charity g. Attendance at meetings and events for the purpose of learning and developing knowledge and skills for the benefit of the charity. h. Preparation and delivery of marketing material to raise awareness of the charity i. The charity will form and develop relations with governing bodies with local responsibility within Buckinghamshire and organisations such as other charities working in similar locations or subject matter.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit when exercising their duties. The trustees regularly review the charity's activities to ensure they meet the public benefit requirements and are aligned with the charity's objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Autism Bucks is run entirely by volunteers and has no paid staff. Throughout the year, the charity was supported by three regular volunteers who, alongside the charity's nine

		trustees, delivered member meetings, social events and online activities. Trustees also undertook operational volunteering roles in addition to their governance responsibilities, including supporting members at events, maintaining the charity's social media presence, responding to enquiries and helping to organise activities. The continued commitment of our volunteers remains fundamental to the charity's ability to achieve its objectives.
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Autism Bucks continued to grow throughout the year, with membership increasing from 357 to 446 members by the end of the reporting period, an increase of almost 25%. The charity continued to provide regular opportunities for autistic adults across Buckinghamshire to meet in autism-friendly environments, develop friendships, share experiences and access reliable information and support. During the year Autism Bucks held eleven online meetings and eight face-to-face member meetings. Specialist workshops delivered during face-to-face meetings included: • A workshop on happiness and purpose led by Lii Brooke. • A Qigong session delivered by member Peter Berrisford. • An introductory Yoga session led by Huma Jalil. Guest speakers during the year included: • Mikyla Cooper (Brook and Positively UK) – Health and wellbeing. • Mel Francis – Neuroinclusive HR. • Gideon Henner – Languages and Autism. • Bethany Chitty – Understanding Sensory Processing. • Sophie Field – Red Kite Housing Association.

		• Maria Djela – Neuro Diverse Self Advocacy. • Neil Cary – Autism Diagnosis. In addition to regular member meetings, Autism Bucks organised six social events: • Visit to Waddesdon Manor. • Performance of <i>ADHD Unmasked</i> at the Swan Theatre, High Wycombe. • Visit to Road Farm Countryways. • Boat trip on the Grand Union Canal. • Visit to Animal Antiks. • Christmas Party. The charity continued to strengthen partnerships across Buckinghamshire by working alongside a range of public, voluntary and community organisations. During the year Autism Bucks: • Contributed to Buckinghamshire Council's Autism Strategy and Action Plan. • Participated in Autism Awareness Day with Buckinghamshire Healthcare NHS Trust. • Supported the Amersham Festival of Music through a relaxed performance for neurodivergent and disabled people. • Attended the Buckinghamshire New University Wellbeing Fair. • Delivered autism awareness sessions for staff and pupils at Turnfurlong Junior School. • Participated in the Chiltern Woof School Fair. • Delivered an autism presentation for the charity Hope After Harm. • Supported Autism Acceptance Week at Marlow Library. During the year the charity expanded its online presence by establishing new accounts on Instagram and Bluesky, while withdrawing from X (formerly Twitter). Growth continued across YouTube, Facebook and LinkedIn. Autism Bucks responded to 75 enquiries from individuals and organisations seeking information, advice and signposting. Throughout the year the trustees continued to receive positive feedback from members describing reduced
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		social isolation, increased confidence and the development of friendships beyond organised activities, demonstrating the continuing value of peer support within the autistic community. All of these activities were organised and delivered entirely by volunteers.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	n/a
Performance of fundraising activities against objectives set	Para 1.41	n/a
Investment performance against objectives	Para 1.41	n/a
Other		n/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The trustees are pleased that the charity remained in a sound financial position throughout the year. Total income for the period was £4,839 against expenditure of £4,200, resulting in a year-end balance of £12,185.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's reserves policy remains unchanged. Trustees continue to maintain reserves sufficient to support the charity's ongoing activities and resilience against unforeseen circumstances. Reserves are currently held in an interest-earning account to ensure charity funds continue to generate a modest return while remaining readily accessible.
Amount of reserves held	Para 1.22	£5,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal sources of income included a grant of £1,800 from the Rothschild Foundation, donations totalling £1,675, fundraising events generating £834 and £477 received through the Vale Lottery.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	The trustees continue to review the principal risks facing the charity. The most significant risks currently identified are: • Dependence on a relatively small number of volunteers and trustees to deliver the charity's core activities. • Increasing demand for support and activities, placing additional pressure on volunteer capacity. • Long-term sustainability of grant funding and other voluntary income sources.

		• Loss or corruption of key IT systems, including the charity's website and online services. • Reputational damage that could adversely affect member confidence, partnerships or future funding.
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO - ASSOCIATION Registered 22 Mar 2019
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Autism Bucks is a Charitable Incorporated Organisation (CIO) under the association model and registered on 22 March 2019. It is governed by a constitution that establishes its objects and powers and member voting rights. In the event of the CIO being wound up members have no liability.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Candidate Trustees are subject to interview by one, preferably two existing trustees in the first instance and appointment on their recommendation subsequently ratified by vote by all trustees at a board meeting. Applicants are also required to provide two character references. Confirmation of appointment made when the candidate attends their first board meeting. All trustees subject to a current DBS check being established. Appointment to key role such as treasurer or secretary by similar voting process. Board meetings are held at least once every 6 weeks throughout the year. All trustees invited to stand for a further year at the AGM and these appointments confirmed by vote that includes voting by the members present.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Autism Bucks Trustee Roles and Responsibilities Handbook v2.0
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a

Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Autism Bucks
Other name the charity uses	
Registered charity number	1182603
Charity's principal address	50 Somerset Way, Iver Bucks SL0 9AF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Robert Neil Cary	Chair		
2	Paula Strawbridge	Secretary		
3	Paulette Hunn	Treasurer		
4	Martin Richard Hollett			
5	Samantha Dawn Hinson			
6	Chelsea Felstead		Appointed 1 Jan 2026	
7	Madeleine Georgina Havard		Appointed 27 Oct 2025	
8	Bethany Chitty		Appointed 6 Apr 2025	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

n/a

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Robert Neil Cary	Paula Strawbridge
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	15 Jul 2026	15 Jul 2026