



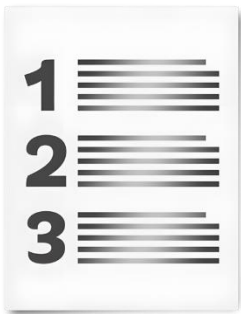
Autism Bucks Community Guidelines



Easy Read version



This is a long document. You can read it a bit at a time.



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Welcome



Autism Bucks is a community for autistic adults and important people in their lives.



We want a welcoming and inclusive community where people can:

- Connect with others
- Share experiences
- Learn from each other
- Build relationships



We know that everyone is different.












People think, communicate, and take part in different ways.







These guidelines help everyone feel respected, valued, and included.

	<h2 style="text-align: center;">Being Kind and Respectful</h2>
	<p>We welcome people from all backgrounds.</p>
	<p>Everyone experiences autism differently, and everyone matters.</p>
	<p>We treat each other with kindness and respect.</p>
	<p>Different opinions are ok.</p>
	<p>But being unkind or hurtful is not ok.</p>
	<p>We all help make this a safe and friendly community.</p>

	<h2 style="text-align: center;">Everyone Is Different</h2>
	<p>People experience and understand things in different ways.</p>
	<p>This includes different ways of:</p> <ul style="list-style-type: none"> • Thinking • Communicating • Socialising • Experiencing the world
	<p>Misunderstandings can happen because people may think differently.</p>
	<p>If a mistake happens, please be kind and try to understand.</p>
	<p>If you are unsure, you can ask questions instead of guessing.</p>

	<h2 style="text-align: center;">Communicating With Each Other</h2>
	<p>People communicate in different ways and may need more time.</p>
	<p>Please share your views and give other people time to share their views.</p>

	<h2 style="text-align: center;">Personal Space and Touch</h2>
	<p>Personal space helps people feel safe and comfortable.</p>
	<p>Always ask before touching someone.</p>
	<p>If someone says no or wants space, respect this.</p>



Taking Part In-Person and Online



Everyone can take part in ways that work for them.







In-Person Meetings





- You can take breaks, move around, or use quiet spaces.
- You can use sensory or comfort items.
- You can join in as much or as little as you want.
- You can attend with a supporter if you want.






Online Meetings

- You can have your camera on or off.
- You can use chat or communicate in the way that works for you.
- You can take breaks or step away if needed

	<h2>Privacy</h2>
	<p>People may share personal stories and feelings.</p>
	<p>You can only share information if:</p> <ul style="list-style-type: none"> • The person says it is ok, or • You want to say someone is not safe
	<p>Always ask before taking photos, recording, or sharing things online.</p>

	<h2>Supported by Volunteers</h2>
	<p>Autism Bucks is run by volunteers who help run groups and activities.</p>
	<p>We offer understanding, connection, and peer support.</p>
	<p>We are not a counselling, care, or crisis service</p>

	<h2>Looking After Yourself</h2>
	<p>Please look after yourself.</p>
	<p>Look after your own needs and energy.</p>

	<h2>If Something Goes Wrong</h2>
	<p>If something feels wrong, you can:</p> <ul style="list-style-type: none"> • Talk to a volunteer. • Contact Autism Bucks. • We will listen and take you seriously.
	<p>If you have concern about safety you can use our:</p> <ul style="list-style-type: none"> • Safeguarding Policy. • Whistleblowing Policy



Making Decisions Together



Sometimes we need to make decisions about groups or activities.









We will try to be fair.



We will listen to different views.



We will make decisions with care and respect

	<h2>Protecting Our Community</h2>
	<p>Sometimes we need to take action to keep everyone safe.</p>
	<p>This may mean asking someone to leave or stop attending Autism Bucks.</p>
	<p>This could happen if someone behaves in a way that is:</p> <ul style="list-style-type: none"> • Aggressive, threatening, or intimidating • Bullying • Discriminatory • Unsafe • Illegal • Damages property • Ignores other people’s boundaries • Comes to meetings after drinking alcohol or taking illegal drugs
	<p>Any action taken will be fair, careful, and proportionate.</p>
	<p>Please ask a volunteer if you have any questions about this guidance.</p> <p>We are happy to help</p>