Date updated:

Oxford Health NHS Autism Passport

NHS Oxford Health NHS Foundation Trust

Name:		Preferred Pronouns:	
Preferred Language:	☐ Identity first (i.e. an autistic person) ☐ Person first (i.e. a person with autism) ☐ Combination/ I don't mind ☐ Other (please specify):	Diagnoses:	
I would like to share these feelings about my diagnosis:		Important information I would like you to know:	
Preferred method of communication:	☐ Text ☐ Phone ☐ Email ☐ Letter ☐ Other	Is there anyone you would like us to contact in case of an emergency?	
NHS Number:		Contact information:	
Allergies		These are my needs around face coverings:	
Physical health diagnoses:		I would like to share this information about my physical health:	
Communication needs I would like to share:			

Sensory Hierarchy: XXX's most dominant sensory experience is auditory, then visual (lights and movement), touch and texture, smell and least dominant is taste.
My sensory reactions

	Under responsive	Average	Over responsive	What adjustments could be made/what do you need to know?
 visual	☐	☐	☐	
 audio	☐	☐	☐	
 touch	☐	☐	☐	
 taste	☐	☐	☐	
	☐	☐	☐	

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Smell				

What do I need to know before we have an appointment?

Preparation for the appointment / event is important. XXX will benefit from knowing in advance where she is meeting (details of most venues can be found on www.accessable.co.uk), with whom she is meeting (including roles), when she is meeting and the duration of the appointment and the agenda / structure for the appointment / event. materials in advance

Information. Any information / materials to be covered to be sent out in advance with the appointment to help XXX prepare for the appointment, details on the expected outcomes / benefits of the appointment / event and how this will assist XXX.

Processing in the moment can be more difficult if anxious of if challenging sensory stimuli are present. Providing details of any information XXX will be required to provide during the appointment / expected questions ahead of the appointment will allow for processing and prepared responses before any appointment / events.

Specific face-to-face reasonable adjustments I require in line with the Equality Act (2010):

Being prepared ahead of the appointment (as described above), following the expected agenda will be helpful. Support any verbal information with written information to allow XXX to follow and support with processing, written information would be better presented in a larger font due to XXX's nystagmus and use bullet points rather than large sections of written text.

Processing may be slower if XXX is anxious during the appointment or if distracting sensory stimuli is present. If there is key or important information being presented repeatedly repeat this to support more concrete processing. Be aware that XXX may ask similar questions around a key point, this is XXX exploring it from different angles. If the appointment is part of a succession of appointments recap previous material at the start of the session will be helpful. Supporting your verbal communication with written text. If interlinked concepts are being discussed support XXX to understand how different aspects connect to provide the full picture.

Sensory. Auditory is XXX's dominant sense, reduce background noise as far as possible as this could distract / overwhelm XXX. Make XXX aware if any predictable noises are likely to occur during appointment (ie fire alarm testing). XXX may wear noise cancelling headphones to an appointment, if XXX does become overwhelmed by background noises access to a quiet area will help her to recover and compose herself. Avoid bright lighting / reduce the amount of lighting, XXX may also wear darkened glasses. XXX finds large numbers of people difficult; she is affected by people's movements and will find multiple people talking difficult to follow and process. XXX uses fidget toys to help soothe her and help her to remain in focus during an appointment.

Specific virtual reasonable adjustments I require in line with the Equality Act (2010):

XXX's preference is for face to face appointments.

What do I need after we have an appointment?

Following any appointment / event where information has been provided to XXX provide her with take away information, the materials covered and a summary of the appointment, this allows for further processing and reflection after the event. If there are key tasks or actions for XXX to undertake following the appointment, ensure these are provided in order of priority.

If there is a succession of appointments for the same need then a recap of the previous session material at the start will help with embedding information.

Other reasonable adjustments I require in line with the Equality Act (2010):

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Important Likes	Important Dislikes:
Situations that I find difficult	How to support me with this:
Signs I am feeling overwhelmed	What to do when I am feeling overwhelmed: