

MANKIND: Men's Mental Health and Wellbeing

# New group for men with learning disabilities



## At Talkback we help people with learning disabilities and autistic people

As part of our ongoing commitment to provide constant personal growth for people, we are launching a new group for men with learning disabilities to explore and talk about their mental health and wellbeing. MANKIND launches on the 29th April in High Wycombe and on the 11th May in Chesham. Both will run fortnightly.

### High Wycombe

**Day:** Friday  
**Start date:** 29th April, 2022  
**Time:** 10am-12pm  
**Location** Trinity Church  
London Road  
High Wycombe  
HP11 1BJ

### Chesham

**Day:** Wednesday  
**Start date:** 11th May, 2022  
**Time:** 10am-12pm  
**Location** Bagnall Project  
71-79 Waterside  
Chesham  
HP5 1PE

If you'd like to come and talk with other people and explore your mental health and wellbeing then we'd love to see you. Drop-ins are very welcome on the day.

### To find out more

**Email:** [sue.pigott@talkback-uk.com](mailto:sue.pigott@talkback-uk.com)

**Call:** 01494 434448

**Talkback**

DEVELOPING A WORLD OF POSSIBILITIES