

## Accompanied Walks for Young Adults with Autism/ASD

Tuesdays and Thursdays 5th April – 26th May 2022







Are you an autistic young person (16-26 yrs old)? Or do you care for a young adult with autism/ASD? Would you like a change of scene in the fresh air? Would you enjoy a chat and a cuppa?

If you have answered **YES** to these questions, we would like to invite you to join us for an Accompanied Walk and a cuppa at Chiltern Open Air Museum, set in 45 beautiful acres of gardens, park and woodland.



You will be joined by two friendly Chiltern Open Air Museum Volunteers to keep you and your companion company and show you around. You may even bring your **dog** if you have one! Your visit

> If you are interested in an Accompanied Walk, please register by contacting Jacqui Gellman, COAM Outreach, outreach@coam.org.uk,

Your visit will be FREE of charge and support with transport may be arranged.

"The whole experience was quite refreshing and in these 'troubled times' ...the wonders of being out with nature, good for body and soul!" Walker 01494 871 117.

Chiltern Open Air Museum is a registered charity (no. 272381) and receives no regular grants towards its running costs or capital projects. We are grateful for the fantastic support of over 200 volunteers and the Friends of the Museum Association. Accompanied Walks for Young Adults with Autism/ASD is supported by Amersham Community Board.

www.coam.org.uk